

Kitchen Sink Garden

Easy Home-Grown Herbs, Spices, and Vegetables From Seed



Grow Your Own At Home

Never run out of herbs, spices or greens again! Always have fresh herbs growing in your own kitchen.

Have the best for less with your own kitchen sink garden. It doesn't get any fresher than picking fresh herbs at your fingertips. Watch the seedlings sprout into life within days and have fresh herbs year-round. You will never forget to water because you will see your garden each time you're at the kitchen sink.

1

SAVE MONEY

No more store-bought bagged salad wasted in the refrigerator. Never run out of herbs.

2

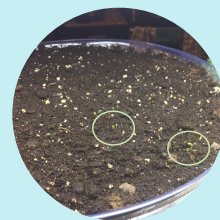
NUTRIENT RICH

Enjoy micro-nutrients at every meal or in tea or smoothies. Pick and snack on tasty leaves.

3

SAVOR THE FLAVOR

Enjoy the fresh flavors of arugula, rosemary, lavender, and other micro-greens.



Organic Seeds

Anytime seeds sprouting in two days in December.



Five Day Sprouts

Fascinating fast-growing Arugula sprouts.



Forest of Flavor

Enjoy the fruits of very little labor. A living garden in your kitchen.

Grow Your Own Quick Organic Garden

Growing a Kitchen Sink Garden is quick, easy, affordable, fun, nutritious, and delicious.

During the Holiday season herbs, like Rosemary and Sage disappear from store shelves. These are perennial plants that provide flavor, tea, aroma therapy, and healing qualities year-round. Grow them at home and never run out. Fast-growing micro greens and sprout seeds can be planted at any time of the year. The best opportunity to watch seedlings grow and tend to plant needs and growth is to place them around the kitchen sink. This also makes easy pickings for any meal.

Caring for plants is educational. Watching how seedlings grow gives us an awareness of our connection with mother nature. Home-Grown food is an excellent skill to re-activate, especially as it involves learning how important soil is for our food source. You will learn quickly how to cultivate those plants that grow best in your environment. Lavender, rosemary, and sage can be grown outdoors, and indoors during winter.



The Kitchen Sink Garden Set-Up

[Botanical Interests Organic Seeds](#)

[T5 Grow Light](#)

[Decorative Pavers/Bricks](#) (adjustable Height)

[Organic Seed Starter Soil](#)

[Plant Pot Water Saucers](#)

[Plant Stands](#)

[AC Infinity Fan](#)

Organic Potted Herbs (For A Quick Start)

Organic Plant Food

Kitchen Sink

[JOIN THE SAVE SOIL MOVEMENT](#)

Growing your own food helps out when food prices are higher. There's nothing like picking a handful of veggies that you grew yourself. Learning about soil and how we can save and replenish the earth in our backyards also helps the global save soil movement.

Support local organic farmers and volunteer to learn how to protect our soil. Visit organic farmer's markets to find varieties of organic foods. Join the [Save Soil Movement](#) and help others join millions worldwide to keep our planet healthy.

